How we can challenge victim blaming and sexual harassment in our school

Sexual harassment: definition

Sexual harassment means unwanted sexual conduct.

It can happen online and offline. It can include:

- Sexual comments, such as sexual stories, lewd comments, sexualised name-calling or sexual remarks about clothes and appearance
- Sexual 'jokes' or taunting
- Physical behaviour, such as deliberately brushing against someone or interfering with their clothes (note: this can sometimes cross a line into sexual violence), or displaying pictures, photos or drawings of a sexual nature
- Online sexual harassment, such as non-consensual image sharing, unwanted sexual comments and messages, sexualised online bullying, sexual exploitation, coercion, threats, or upskirting

6 tips to help you challenge it in the moment

- Challenge it there and then. It's important to do this to send a clear message that the comment or behaviour isn't acceptable. Don't dismiss or downplay an incident
- Challenge the behaviour, not the person. This depersonalises the challenge. For example, "That is sexist language" is a more helpful comment than "You're sexist"
- **Explain what the problem is.** This gives a reason for your challenge and helps pupils see why their comment or behaviour was problematic
- Support the victim and show empathy. Let them know it's not their fault. Consider the incident from their perspective and encourage others to do the same
- Challenge gender bias and stereotypes. And be aware of your own biases too. Don't stereotype or make assumptions based on your perceptions of the pupils involved
- Focus on the perpetrator's behaviour rather than the victim's. This moves us away from seeing sexual harassment and violence as 'inevitable' and something girls should adapt their behaviour to avoid



Conversation starters

- *That's not how we behave in school, or anywhere. This could be seen as inappropriate touching / language ... "
- > "You may not have seen it this way, but ... "
- > "What do you think that word means?"
- > "What do you mean by that?"
- You may not think there's anything wrong with that behaviour / language, but many others would"
- > "In our school we ... "
- "I'm really uncomfortable with you saying things like that / behaving that way. It makes me feel ... "

Remember: always follow up by recording and reporting incidents.

Source

Keeping Children Safe in Education, GOV.UK – Department for Education https://www.gov.uk/government/publications/keeping-children-safe-in-education--2

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